

ACCELERATED BSN COUGAR MAP



The Cougar Map is intended to guide you with suggestions for potential activities and career paths that can help you along your educational journey. Although everyone has different abilities, experiences and obstacles, this Cougar Map can be used with the help of your advisors to prepare for the future you want with a clear vision of your college-to-career pathway.

Please refer to the SXU Academic Catalog and academic planning resources for detailed degree requirements.

SUMMER

FALL

WINTER

SPRING

<p>Competence (major/minor, summer suggestions, academic research)</p>	<p>Bring writing assignments to the Learning Center/Writing Studio for help in fine-tuning papers.</p> <p>Don't get discouraged in your first semester! For stress relief ideas, visit the Counseling Center. Use the coping strategies identified during your admission interview.</p>	<p>Visit the library for the appropriate resources in writing your nursing papers and patient plan of care.</p> <p>Check out the online library chat feature.</p>	<p>Be mindful of important dates, i.e. semester ends and begins, deadline, petition for graduation.</p> <p>Meet with faculty who serve as your Academic Success Coaches and attend a Success Workshop.</p>	<p>Choose an NCLEX coach and begin to share your NCLEX study plan.</p>
<p>Character (Service, global perspective, study abroad, clubs/RSOs, volunteering)</p>	<p>Consider joining a student club or intramural sports team.</p> <p>Volunteer in a health care setting.</p>	<p>Join the Student Nurses Association (SNA) and attend at least one SNA event.</p> <p>Volunteer at the SXU Health Fair, SXU Cougar 5K or the SONHS Open House.</p>	<p>Take part in a service trip or study abroad program.</p> <p>Attend SNA meetings and activities.</p> <p>Volunteer with SXU's Campus Ministry or a local organization.</p> <p>Participate in the Nursing Political Action Day and the SONHS Global Awareness Day.</p>	<p>Mentor the next cohort of ACC students.</p> <p>Consider becoming an ACC peer tutor or Sim Lab volunteer.</p> <p>Take on a leadership role within a student club or organization.</p>
<p>Career Success (career or grad school prep, internships, jobs)</p>	<p>Keep in touch with your ACC Nursing advisor about preparing for clinical experiences.</p>	<p>Create a LinkedIn profile and establish meaningful connections within your academic and personal circles.</p> <p>Attend SXU's career-related events throughout the year and network with professionals.</p>	<p>Explore nursing externships offered by hospitals.</p> <p>Consider a part-time position as a patient care tech, nursing assistant or nurse extern.</p> <p>Attend job, graduate school and intern fairs to help prepare you for what comes next after college.</p>	<p>Prepare for the NCLEX with practice questions and content remediation.</p> <p>Apply for RN positions.</p> <p>Visit Center for SUCCESS to create a job search plan, sharpen your resume and practice interviewing.</p>